

**The Heitz 61 Memorial Foundation promotes higher education and encourages the physical well-being and teamwork of young people involved in sports by distributing scholarships and offering diverse sports programs.**

Ryan V. Heitzenrater was a healthy and very active thirteen year old who was involved in many sports and recreation activities. He was a dedicated gym member and strived to have strength physically and mentally. In January 2013 Ryan became very ill with an unidentified viral infection and was admitted to Children's Hospital of Pittsburgh where he spent the final 46 days of his life. The initial viral infection he had resulted in his immune system overreacting, leading to a diagnosis of Secondary Hemophagocytic Lymphohistiocytosis (HLH). After receiving several different treatments for HLH, his body continued fighting and was actually winning the battle against this potentially fatal diagnosis. With a suppressed immune system, Ryan was a high risk candidate for picking up secondary infections. Four days before Ryan passed away one of his blood cultures tested positive for a secondary bacterial infection that had entered his body through some means. Despite the treatments, medications, and efforts of the hospital, the secondary bacterial infection won the battle and Ryan went to be with Our Lord.

Through your support and care it is our hope to keep Ryan's spirit alive forever by providing assistance to others that have a desire to be exceptional. This is what Ryan would have wished for.

Heitz of Heaven 5K Run/Walk

Heitz 61 Memorial Foundation  
P.O. Box 54045  
Pittsburgh, PA 15244

Email:

[Heitz61Foundation@verizon.net](mailto:Heitz61Foundation@verizon.net)

Website:

[www.Heitz61Foundation.org](http://www.Heitz61Foundation.org)



Ryan Heitzenrater  
5/7/99 - 2/28/13

**SPONSORED BY**



**THOROUGHBRED**



**Heitz of Heaven  
5K Run/Walk**

**Sunday, September 12, 2021**

**9:00 am**

**RMU Island Sports Center  
7600 Grand Avenue  
Pittsburgh, PA 15225**

**To Benefit  
Heitz 61 Memorial Foundation**

**Register Online at  
[www.Heitz61Foundation.org](http://www.Heitz61Foundation.org)**



**Race Fees Per Runner**

Through 8/31/21	\$25
Through 9/11/21	\$30
Race Day	\$35

All participants registered by 8/31/21 are guaranteed a short sleeve shirt. After that date, shirts are available while supplies last.

**Awards**

Top 3 male and female overall  
Top 3 in each age group – male and female divisions  
14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55+

**Registration and Packet Pick-up Date**

Saturday, September 11<sup>th</sup>, 10:00am – 3:00pm

**Registration and Packet Pick-up Location**

**RMU Island Sports Center**  
(Inside main entrance of hockey rink)  
7600 Grand Avenue  
Pittsburgh, PA 15225

**Race Day Packet Pick-up / Registration**

Sunday, September 12<sup>th</sup>, 7:30am – 8:45am  
RMU Island Sports Center  
(Outside at race location)

**A Pace Team will be available to help you reach your PR goal!**

**Join us after the race for music, food refreshments and an awards ceremony.**

**A Chinese Auction, 50/50 raffle, and many other activities will be held in the rink.**

Register Online Today  
[www.Heitz61Foundation.org](http://www.Heitz61Foundation.org)

or complete the attached form  
Make Checks Payable to:  
Heitz 61 Memorial Foundation

Mail Checks to:  
Heitz of Heaven 5K Run/Walk  
Heitz 61 Memorial Foundation  
P.O. Box 54045  
Pittsburgh, PA 15244

Date: Sun., September 12, 2021

Start Time: 9:00 A.M.

Location: RMU Island Sports Center  
7600 Grand Avenue  
Pittsburgh, PA 15225

**Events**

- 7:30am Registration
- 8:30am Announcements
- 8:35am National Anthem
- 8:45am Prepare to Race
- 9:00am Begin Run/Walk for Ryan

**Timing & Results**

Race will be chip timed. Results will be posted by Miles of Smiles Timing Services.

**Aid Stations**

Aid station will be at half way point and will provide basic first aid and water. EMS will be on hand for major injuries.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Age on race day \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Gender: Male Female  
Cotton Shirt Size: Youth SM MD LG  
Unisex SM MD LG XL XXL  
Dri-Fit Shirt Size: Youth SM MD LG  
Unisex SM MD LG XL XXL

Waiver:  
In consideration for the acceptance of my registration as a participant in the above entitled event, and with the understanding that my participation in this event is only on condition that I enter into this agreement, for myself, my heirs and assignees, I hereby assume the inherent and extraordinary risks involved in the Heitz of Heaven 5K Run/Walk and any risks inherent in any other activities connected with this event in which I may voluntarily participate. I expressly assume the risk of and accept full responsibility for any and all injuries, including death and accidents which may occur as a result of my participation in this event and release from liability The Heitz 61 Memorial Foundation, Miles of Smiles., Neville Township, Robert Morris University and each of their officers, directors and agents, representatives, employees, and members. I hereby waive any claim I may have hereafter as a result of my participation in the Heitz of Heaven 5K Run/Walk and in any other activities connected with this event in which I may voluntarily participate. "I have read and understand the above statement."

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent (if under 18) \_\_\_\_\_

Date: \_\_\_\_\_